

# Services

## Shockwave Therapy

# Shockwave Therapy in Brampton

Musculoskeletal pain affects millions of people every day. Musculoskeletal issues effectively reduce your quality of life and limit your ability to enjoy daily encounters. Shockwave therapy can end your suffering, quickly and naturally.

Shockwave therapy has been proven effective for treating a wide variety of upper and lower extremity conditions –

- Bursitis, shin splints,
- Golfer's & tennis elbow
- CPT
- Morton's Neuroma
- Chronic discomfort due to an accident or sports injury
- Jumper's knee, plantar fasciitis, and rotator cuff injury
- Bone and muscle fractures
- Tendon, ligament, and muscle injuries
- Trigger Points

At Finch Gate Physiotherapy, you get best shockwave therapy treatment at affordable prices. We have years of professional experience. Our registered physiotherapists can assess your situation and design the perfect treatment regimen.

The number of session will depend on the severity of your case and how soon you want to achieve your goal. We put our client's interest first. We want you to get back on your daily life as fast as possible. Our excellent customer support & top-notch patient care make us industry leader.

### **A pain-less, non-invasive, & non-toxic method**

Although mostly tolerable, the mechanical stress produced can occasionally lead to some tolerable discomfort. It's possible to feel a little tender after a treatment. It is a pain-less, non-invasive, and non-toxic treatment method. Our physiotherapist will maintain a constant communication during the treatment to let you express your thoughts.

After the first session at Finch Gate, patients feel significantly better. Varied patients will have different responses depending on their illness, but our physiotherapist will be able to guide you through the process.

## **How often will you need to have shockwave treatments?**

Some patients report improvement after only one or two sessions. Most illnesses only need 3 to 5 sessions, but in extreme cases, as many as 10 sessions may be necessary. It is advisable to wait between sessions for five to eight days to allow the body to heal normally.

You may wonder whether you will be able to return to your regular sports and schedule. Keeping up with your regular exercise routine is perfectly fine as long as you continue to follow our plan.

## **Our shockwave treatment impacts your condition directly**

Due to the formation of new blood cells, the treated area receives enhanced blood flow and increased oxygenation. One effect is quicker recovery times. With an uptick in mast cell activity, chronic inflammation can be reduced or even reversed. Increases collagen production, which in turn causes tendons to become denser and stiffer. Pain is alleviated and substance P levels are reduced when a neurotransmitter blocks the production of inflammatory edema.

## **Safe, long-lasting, and flexible**

Treatment using shockwave does not involve skin-piercing. Shockwave therapy has been an effective method in reducing pain & improving joint function, according to our existing patients. Patients who experienced persistent pain in their upper limbs reported feeling 100% better. As an adjunct to other therapies, shockwave has been found to be useful in the management of a number of persistent medical problems.

Finch Gate Physiotherapy facility provides best physiotherapy and shockwave therapy, for those with chronic diseases that have a significant impact on their daily lives. You can count on our enthusiastic and sympathetic staff to work with you to design a treatment plan that takes into account your time constraints and medical requirements.

## **Can I continue playing sports or normal physical exercise after RPT?**

Physical exercise promotes metabolism and the restructuring processes in the tissue. It is normal to continue your physical activities within guidelines set by your health care provider.

## **Benefits of Shockwave Therapy**

- Increases Healing Process
- Reduces Pain & tenderness
- Used to treat shoulder injuries
- Helps in plantar fasciitis
- Stimulates Collagen Production
- Release of Trigger Points

Now, we are proving shock wave therapy in Mississauga area also.