

About

About Us

Finch Gate Physiotherapy clinic is one of the fastest growing physiotherapy clinics. Our therapists are dedicated to providing hands-on, research-driven physiotherapy and other alternative treatments unique to your condition and pain.

- We are committed and walk extra miles to achieve our goals
- Decades of proven record of accomplishments
- Top-notch physiotherapy, chiropractic, and acupuncture services
- Reliable, flexible, affordable, and registered
- We have free parking area
- We accept health care insurance cards
- All our medical practitioners are registered and insured
- In-depth analysis of your condition and design custom treatment strategy

Owned & operated by some of the top physiotherapists in Canada, Finch Gate is a multidisciplinary rehabilitation facility. At Finch Gate physiotherapy clinic in Brampton, our highly trained & certified professionals use the science of physiotherapy to aid patients in recovering from pain and discomfort. Duty of care is something we at Finch Gate Physiotherapy take very seriously. We have an obligation to supply the communities we support with only the best quality services. Our medical staff has invested much time and energy into acquiring advanced practices.

In accordance with our guiding philosophy, we, at Finch Gate, place a premium on providing our clients with personalized fitness programs and informative educational materials. Our physical therapists customize their care for each individual, helping them realize their goals and perform at a higher level than ever before.

Our only mission is to get you back to doing the things you loved before your pain started getting in the way. Trust that our physiotherapists will help you choose a treatment plan that will lead to a full and lasting recovery and revitalize your mobility.

As a leading physiotherapy clinic, we offer a plethora of alternative therapies – massage therapy, chiropractic care, MVA therapy, acupuncture, laser therapy, decompression therapy, etc. In order to restore and sustain physical function, we create individualized therapy plans for each patient.

CUSTOM MADE ORTHOTICS

Pain, discomfort, and injuries are imminent from wearing the improper shoes and insoles. Long-term injury in the feet, heels, and ankles can challenge your daily encounters. Our custom orthotic insoles are the greatest option for alleviating foot pain caused by friction and pinching. Our supportive & corrective custom made orthotics can do wonders for foot problems. Our professionals at Finch Gate Physiotherapy can design custom orthotics to help realign your foot's natural alignment.

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Poor foot mechanics are a known contributor to stress, and our professionals are familiar with this fact. Humans share surprisingly few similarities with one another despite our vast diversity. The one and only aim is to aid your body's natural movements.

Do You Need Our Custom Made Orthotics?

To some extent, over-pronation affects about 35% of the Canadian population. A number of factors play crucial role – age, weaker tibia, can exacerbate this condition and ankles, overweight, prolong standing, and so on... While some people may not have trouble at all, it can progress to more serious foot issues without proper treatment.

Investing in a good pair of custom-made orthotics can save you money by preventing a wide range of lower body issues. Custom insoles are useful for anybody. Besides helping your feet, custom orthotics has other benefits –

- Corrects calibration of tibia & fibula, 26 foot bones, ankles & knees
- Alleviates foot dysfunction symptoms
- Enhances muscle strength and endurance for better performance
- Soothes leg and foot fatigue
- Ideal for relieving foot pain
- Works as a great support for arthritic condition
- Prevents from further damage and severity of the condition
- Increases your stamina and protects your feet from a wide variety of issues
- Alleviates pressure on the legs and spine by restoring body's neutral postural structure

How Finch Gate Custom Made Orthotics Is Different?

Differences between traditional insoles & our custom-made orthotics are quite noticeable. In general, insoles serve only to cushion the foot. In contrast, our custom-made orthotics is a practical tool for absorbing shock, cushioning the foot, improving the condition of our feet. There is a lot more to orthotics than just arch support. Besides improving calibration & function, our orthotics allow for a more uniform weight distribution, which relieves stress on tender areas.

Advantages of Finch Gate Physiotherapy Custom Made Orthotics

Patients with a variety of foot issues can consult with our chiropodists and podiatrists at Finch Gate Physiotherapy for diagnosis, treatment, and advice. Based on the impression of your feet, we design custom orthotics that will fit perfectly. These personalized insoles do more than just cushion your feet. Our staff is quite knowledgeable and experienced. At Finch Gate Physiotherapy, we pride ourselves on providing each patient with individualized care, including the highest quality custom made orthotics.